

Focus Relief PLUS®

- + SUPPORTS HEALTHY TEARS & RETINAL HEALTH*
- + 1620MG rTG FISH OIL per serving
- + 90% EPA & DHA



NOW WITH rTG FISH OIL & GLA
OMEGA-3 FORMULA

Omega-3 fatty acids and GLA for occasional dry eye and retinal health.*

Omega-3 fatty acid intake has been shown to play a critical role in helping produce healthier tears¹ and is recommended as part of an effective treatment plan for occasional dry eye.*

In a study published in JAMA Ophthalmology, Omega-3 fatty acid intake was also associated with a decreased risk of developing sight-threatening diabetic retinopathy for individuals with Type 2 Diabetes.²

Focus Relief Plus® provides 1620mg of re-esterified triglyceride (rTG) Omega-3 fatty acids per day with over 90% EPA and DHA, a higher concentration than other leading supplements. It also contains 75mg of GLA, which when combined with EPA/DHA, can play an important role in reducing inflammation.³ All of this is provided in a compact and easy-to-swallow softgel.

* These claims have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

1. Cornea/External Disease PPP Panel. (2013). Dry Eye Syndrome Preferred Practice Pattern - 2013. Hoskins Center for Quality Eye Care. San Francisco: AAO Cornea. Retrieved from <http://www.aao.org/preferred-practice-pattern/dry-eye-syndrome-ppp-2013>

2. Sala-Vila A, Diaz-Lopez A, Valls-Pedret C, et al. Dietary Marine ω-3 Fatty Acids and Incident Sight-Threatening Retinopathy in Middle-Aged and Older Individuals With Type 2 Diabetes Prospective Investigation From the PREDIMED Trial. JAMA Ophthalmol. 2016;134(10):1142-1149. doi:10.1001/jamaophthalmol.2016.2906

3. Creuzot-Garcher C, Baudouin C, Labetoulle M, et al. Efficacy assessment of Nutrilarm, a per os omega-3 and omega-6 polyunsaturated essential fatty acid dietary formulation versus placebo in patients with bilateral treated moderate dry eye syndrome. J Fr Ophthalmol. 2011;34:448-455.



SUPPLEMENT FACTS

Daily Dosage: 3 Softgels

Amount Per Serving	%DV
Calories (energy).....	30
Total Fat.....	2.5 g 3%*
Cholesterol.....	10 mg 3%
Protein.....	<1 g
Total Omega-3 Fatty Acids.....	1620 mg †
EPA (eicosapentaenoic acid) ...	1080 mg †
DHA (docosahexaenoic acid) ...	420 mg †
Other Omega-3 Fatty Acids.....	120 mg †
GLA.....	75 mg †

* Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

Other Ingredients:

Highly Refined and Concentrated Omega-3 Fish Oil (anchovy, sardine, mackerel), Capsule Shell (bovine gelatin, glycerin, purified water, fruit and vegetable color, citric acid), Borage Oil, Natural Lemon Flavor, Proprietary Antioxidant Blend (natural mixed tocopherols (soy), rosemary extract, and ascorbyl palmitate). Contains Soy

rTG FISH OIL

Preferred by eye doctors for optimal absorption

3 Softgels Per Day
30 Day Supply